

simply ) (crêpes®



BREAKFAST



LUNCH



DINNER



DESSERT

M E N U

# ABOUT THE HÉROUX FAMILY

For The Héroux Family, with a French Canadian background, the wondrous scent of crêpes cooking is one of the simple joys of life. The recipe used in their home and now at their restaurants has been passed down through many generations. What makes it special is its versatile ability to translate such a wide variety of foods to the plate. Whether its breakfast, lunch, dinner or dessert, the crêpe works as the medium to serve you a delicious meal!

Pierre Héroux's career path led him and his family to Tokyo, Japan for part of their lives. While they traveled much of the world, including many European and Asian countries, most of their time was spent in the hustle and bustle of the narrow, crowded streets of Tokyo. As the family became more familiar with the varied districts of Tokyo, one common aspect was clear: Small crêpe stands thrived, serving fresh fruit and ice cream filled crêpes!

Traditionally, the Héroux Family served 100% pure maple syrup produced from the family's own sugar bush in Quebec, Canada. Today, with a strong determination to support small businesses, the pure maple syrup, hidden in many recipes, is used in all Simply Crêpes locations and is produced in a privately owned and operated New York State maple farm.

The Héroux Family has taken the wonderful concept of the crêpe from the tranquil sugar bushes of Canada, the romantic sidewalk cafés of France, the crowded streets of Tokyo and is proud to share this unique, fresh and healthful dish with the local community.

Commitment to local North Carolina producers:

COMING SOON!

Email us your feedback! [info@simplycrepes.com](mailto:info@simplycrepes.com)  
[www.simplycrepes.com](http://www.simplycrepes.com)

# BEVERAGES

## FROM THE COFFEE BAR

Espresso	\$2.99
Cappuccino	\$4.99
Latte	\$4.99
Mocha Latte	\$5.89
White Mocha Latte	\$5.89
Carmella Latte	\$5.89
Spiced Chai Latte	\$4.99

## Frozen Coffee Beverages

Arctic Mocha	\$5.39
Arctic Coffee	\$5.39
Arctic Vanilla	\$5.39
Frozen Spiced Chai	\$5.39

## FINGER LAKES COFFEE ROASTERS COFFEE

Simply Crêpes Blend (also available in Decaf)  
French Vanilla  
Jamaican Me Crazy

**Add a flavor shot to any coffee (.59 extra)**

Hazelnut, Vanilla, Sugar Free Vanilla, Red Raspberry,  
Hazelnut, Peppermint

## ORGANIC NUMI TEAS

## FRESH BREWED UNSWEETENED ICED TEA

## FRESH BREWED SWEET TEA

## HOT CHOCOLATES

Milk Chocolate	\$3.29
White Chocolate	\$3.29
White Chocolate Raspberry	\$3.29

## SMOOTHIES

### Torani® Real Fruit

Strawberry
Strawberry Banana
Mango
\$5.39

### 20° Below Frozen Hot Chocolate

\$5.39

## JUICES

	Small	Large
Fresh Squeezed Orange Juice	\$3.99	\$8.00
Orange	\$1.39	\$2.39
Apple	\$1.39	\$2.39
Cranberry	\$1.39	\$2.39
Grapefruit	\$1.39	\$2.39

## FROM THE "BOTTOMLESS" FOUNTAIN

Pepsi
Diet Pepsi
Sierra Mist
Mountain Dew
Lemonade
\$2.39

## BOTTLED WATER

Perrier	\$2.99
Simply Crêpes	\$1.29



Find us on Facebook!



Item can be made Gluten Free – please inquire



Fan Favorite!

\* Item is served cold

Protein Substitutes: Tofu, Fresh Organic Eggs, Egg Beaters – Add \$1.29

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# B R E A K F A S T

Add a side of hand cut home fried potatoes to any breakfast entrée for 2.99  
...with melted cheddar cheese for 3.99

## **OATMEAL CRÈME BRULÉE**

Fresh oatmeal topped with crème brulée,  
bananas and fresh berries.

Gluten Free +1.00

Cup 4.59 Crock 5.29

## **FRESH SEASONAL FRUIT\***

Seasonal fresh fruit, hand cut and served in a crisp  
baked crêpe bowl with homemade vanilla cream.

5.49

## **FRESH FRUIT PARFAIT\***

Our homemade granola swirled between layers of  
freshly cut strawberries, blueberries, bananas and low  
fat yogurt

5.99

## **TRADITIONAL CRÊPES**

100% pure maple syrup and brown sugar tucked inside  
a crêpe, dusted in powdered sugar.

Substitute fresh lemon OR a homemade sauce:  
strawberry, blueberry, raspberry or double chocolate

Single 2.49 Double 4.29 Triple 6.29

## **SIMPLY STRAWBERRY CRÊPES\***

Fresh hand cut strawberries, whipped cream, brown  
sugar, 100% pure maple syrup with strawberry sauce.

Single 4.99 Double 9.49

## **SPECIALTY FRUIT CRÊPE\***

Fresh hand cut strawberries, blueberries & bananas,  
whipped cream, brown sugar, 100% pure maple syrup  
drizzled in homemade fruit sauces.

7.99

## **CRÊPE ÉPINARDS**

Fresh baby spinach and Roma tomatoes sautéed with  
scrambled eggs and feta cheese.

8.99

## **THE BERRY GULÉE**

Fresh strawberries, blueberries & raspberries folded  
inside an egg battered crêpe, lightly sautéed, drizzled  
in homemade fruit sauces & a dollop of whipped  
cream.

8.99

## **SIMPLY BREAKFAST CRÊPE**

Scrambled eggs, cheddar cheese and your choice of  
thick cut smoked apple wood bacon, ham or grilled  
spicy andouille sausage.

8.99

## **SCRAMBLED EGGS & GRILLED VEGETABLE CRÊPE**

Fresh hand cut eggplant, zucchini, onion and  
Portobello mushrooms sautéed with artichoke hearts,  
scrambled eggs & mozzarella cheese. Served with  
pesto & roasted red pepper sauce.

9.79

## **AL'S EGGS**

Lean shaved steak, scrambled eggs, sautéed onions,  
potatoes and fresh baby spinach. Finished with melted  
Swiss & cheddar cheeses and wrapped in a crêpe.

9.79

## **CRÊPES BENEDICT**

Two poached eggs, served over Canadian bacon and a  
crêpe. Smothered in our rich, homemade smoked  
apple wood-bacon cream sauce.

9.79

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## SIDES

### HOME FRIED POTATOES

Hand cut red potatoes dusted with Simply Crêpes' signature spice blend.

Single Order: 2.99 – with Cheese 3.99

Platter to Share: 5.69 – with Cheese 6.99

### THICK-CUT APPLE WOOD SMOKED BACON

2.99

### BUTTERFLIED SPICY ANDOUILLE SAUSAGE

2.79

## APPETIZERS

### BAKED CRÊPE CHIPS

Cinnamon sugar chips & sweet vanilla cream  
Add caramel sauce .50

Garlic salted chips & roasted red pepper hummus  
4.29

### COLOSSAL LOADED POTATOES

Our famous cheesy home fries kicked up a notch!

Hand cut red potatoes covered with a blend of mozzarella and cheddar cheeses, apple wood smoked bacon bits & chives.

Full Size 8.99 Side 6.99

### CRÊPES-ADILLAS

A blend of mozzarella and cheddar cheeses served over a bed of crisp iceberg lettuce. Served with a side of salsa and sour cream.

5.99

Add grilled chicken 1.99

## SOUPS & SALADS

### ONION SOUP GRATINÉE

Our signature soup! Prepared to perfection with garlic croutons, provolone and parmesan cheeses.

5.99

### SOUP DU JOUR

Cup 3.99 Bowl 5.49

### HOUSE SALAD

Mixed greens, tossed with red onion, cucumber, Roma tomatoes and croutons. Your choice of dressing.

3.19

### HARVEST SALAD

Fresh field greens tossed with fresh cut apples, crumbly bleu & homemade garlic citron balsamic vinaigrette.

sm 5.49 lg 8.99

### SIMPLY SALAD

Field greens tossed with fresh strawberries, crumbly bleu cheese, toasted almonds, candied walnuts & homemade maple mustard vinaigrette.

sm 5.49 lg 8.99

### SOUP & SALAD COMBO

Choose any small salad served with:

Cup of Soup du Jour – 8.59

Crock of seasonal special or onion soup gratinée - 9.99

Add Grilled or Fried Chicken (1.99)

Shrimp (3.99) to any salad

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# ENTRÉES

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**Add** a house salad to your entrée selection for 2.99

## **MEDITERRANEAN CHICKEN CRÊPE\***

Grilled chicken, hummus, mixed field greens, red onions, kalamata olives, feta cheese, & Roma tomatoes with homemade lemon oregano dressing

10.49

## **CHICKEN TARRAGON CRÊPE**

Grilled chicken in a tarragon cream sauce with mushrooms, broccoli and shredded parmesan

11.99

## **HAM & ASPARAGUS CRÊPES ALFREDO**

Sliced ham and asparagus with ricotta cheese spread, topped with creamy alfredo sauce & melted Swiss

10.49

## **RUGBY CRÊPE**

Modeled after America's infamous burger: We use half a pound of shaved steak, Russian dressing, crisp iceberg lettuce, Cheddar cheese, pickles, and sautéed onions on a sesame seed crêpe.

Junior 8.99      Regular 10.99

## **TURKEY & SMOKED GOUDA CRÊPE\***

Thinly sliced turkey, thick cut apple-wood bacon, smoked Gouda cheese, field greens, Roma tomatoes & homemade maple mustard vinaigrette.

10.29

## **CHICKEN CORDON BLEU CRÊPE**

Thinly sliced ham and grilled chicken with melted Swiss cheese and alfredo sauce stuffed in a Panko breaded crêpe, deep fried and topped with melted Swiss cheese and alfredo sauce. Served over a bed of sautéed baby spinach.

12.99

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## GOAT CHEESE & ARUGULA CRÊPES ☒

Goat cheese, fresh Arugula and sautéed Portobello mushrooms combined with warm homemade Roma tomato basil relish.

11.99

## BUFFALO CHICKEN CRÊPE\* ☒

Your Choice: Grilled Chicken or Crispy Crêpe Battered Chicken, tossed in our homemade Buffalo wing sauce, placed on a bed of lettuce with crumbly blue cheese, rolled in a crêpe.

Served with creamy blue cheese and celery spears.

9.29

## SMOKED SALMON CRÊPE\* ☒

Chilled smoked salmon, mixed field greens, capers and red onions paired with homemade caper dill cream sauce and maple mustard vinaigrette.

11.99

## THAI STYLE CRÊPES

Choose one: Lean shaved steak OR grilled chicken, served with Portobello mushrooms sautéed in sweet & spicy Thai sauce with fresh cilantro and crisp iceberg lettuce.

9.99

## SEAFOOD CRÊPE ♡

Three jumbo shrimp accompanied by scallops, faux crabmeat, mushrooms, red & yellow bell peppers in a rich, homemade basil cream & garnished with a roasted red pepper sauce.

13.99

Double the shrimp: +3.99

## PHILLY CHEESE STEAK CRÊPE ☒


Shaved steak sautéed in steak sauce with sautéed onions, green and red bell peppers, covered in melted mozzarella and Swiss cheese. Served over a bed of iceberg lettuce and paired with a side of our homemade horseradish sauce.

9.99

## REUBEN CRÊPE ☒

Our version of the classic. Choice of thinly sliced corned beef or turkey with Russian dressing, sauerkraut and melted Swiss cheese.

9.59

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# DESSERT

## THE CRÊPETTES

Uniquely created here at Simply Crêpes, these bite-size crêpe tarts are hand painted with chocolate and filled with an assortment of the following:

Chocolate mousse and fresh fruit

Crème brulée and fresh fruit

Sweet vanilla cream and fresh fruit

Peanut butter cream and toffee bits

Petite (three): 3.99 Regular (five): 5.99 Platter (twelve): 12.99

## NUTELLA® GRAND MARNIER CRÊPE

A creamy layer of hazelnut and cocoa Nutella®, fresh raspberries topped with whipped cream our homemade double chocolate sauce and Grand Marnier®. (Must be 21or older to order)

8.99

## FRESH STRAWBERRY CRÊPE

Fresh hand cut strawberries, vanilla bean ice cream, strawberry sauce & whipped cream.

## THE ALL AMERICAN CRÊPE

Freshly cut strawberries, blueberries & vanilla bean ice cream. Drizzled in our fresh fruit sauces.

## CHOCOLATE MOUSSE CRÊPE

Our signature chocolate mousse with freshly cut strawberries & blueberries topped with our homemade chocolate sauce & whipped cream.

## BERRIES N CRÈME CRÊPE

Crème brulée cream with freshly cut strawberries & blueberries. Finished with our fresh fruit sauces and whipped cream.

## CHOCOLATE BANANA SPLIT CRÊPE

Bananas, fresh cut strawberries & vanilla bean ice cream, topped with homemade double chocolate sauce, whipped cream and a cherry!

## OREO® COOKIE CRUMBLE CRÊPE

Oreo® cookie crumbles, sweet vanilla cream, homemade double chocolate sauce, whipped cream & vanilla bean ice cream.

## FUDGE BROWNIE CRÊPE

Homemade nut laden brownie, premium vanilla bean ice cream & chocolate fudge topped with homemade chocolate sauce and whipped cream.

## NUTELLA® CRÊPE

A creamy layer of Nutella® & your choice: fresh strawberries or sautéed bananas with vanilla bean ice cream, whipped cream & chocolate sauce.

## COCOA PEANUT BUTTER CREAM CRÊPE

Peanut butter cream, chocolate fudge, bananas and vanilla ice cream, topped with our house made double chocolate sauce and whipped cream.

Regular: 7.99 Petite: 5.99

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# JUST FOR KIDS!

UP TO AGE 10

Kid's Meals include choice of apple slices, banana slices or fresh fruit salad

## **PB&J CRÊPE**

Creamy Peanut butter and strawberry sauce

4.99

## **PEANUT BUTTER AND FLUFF CRÊPE**

Creamy Peanut butter and gooey fluff

4.99

## **GRILLED CHEESE CRÊPE**

Cheddar Cheese melted in a crêpe

5.99

## **HAM & CHEESE CRÊPE**

Ham with choice of swiss or cheddar cheese  
warmed inside a crêpe

5.99

## **PIZZA CRÊPE**

Your choice of pepperoni or cheese

5.99

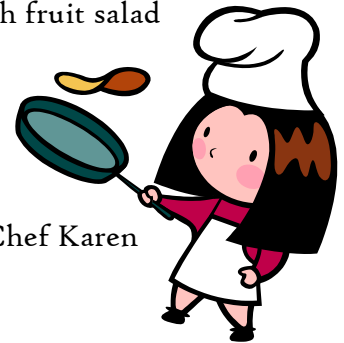
## **SIMPLY SCRAMBLED BREAKFAST**

Scrambled eggs wrapped inside a crêpe

4.99

Milk, apple juice or orange juice

.99



Chef Karen



Chef Pierre

**Parents** - Our kids menu is 100% Healthy Hero Approved!  
For more information on the Be A Healthy Hero™ Program,  
please visit: [www.beahealthyhero.org](http://www.beahealthyhero.org)

**Be A  
Healthy  
Hero**